

“Sheep: A Source of Income for the Rural Communities of Balochistan”

Zarmoorah – Income Generating Grant Beneficiary from Zhob

46-year-old Zarmoorah lives in Union Council Garda Babar from District Zhob. She lives with her husband Muhammad Khan and their 6 children (4 daughters and 2 sons). They have a PSC of 7. Muhammad Khan, the only breadwinner of the family works as a daily wage worker, lifting and cutting stone, earning 5000 to 7000 PKR per month. The family also grows potatoes on the small piece of land they have, which gives them a profit of 20,000 to 25,000 PKR per year.

In October 2019, Zarmoorah received 6 sheep as an Income Generating Grant (IGG) under the European Union funded BRACE Programme. Since then, the family has increased the sheep to 12; 3 are expected to give birth again shortly.

Zarmoorah shares that they try to use each and every byproduct of their sheep, not letting anything go to waste. She shears the sheep twice a year and sells the produce together for 1500 PKR. Further, she collects the manure and sells them every month for PKR 900. "We have had *kehwa* all our lives; we would only have milk tea when serving it to guests. But each pack of milk costs 40 PKR. Which was difficult for us to afford." Now the family is happy to have their fill of milk, as the sheep give up to 2 kilos of milk every day in the spring and summer season. The family is looking forward to increase their herd and make a source of income out of this, as their children are very young and unable to earn right now.



