

## “Rural Communities Covering their Medical Expenses”

### Alam Khan – Income Generating Grant Beneficiary from Khuzdar

The rural communities of Balochistan might be the most hardworking in the country. With rugged terrains, scorching weather, limited drinking water and basic health facilities, everyday is a new challenge.

Access to medical facilities is the major issue in rural health in Pakistan. Even in the Balochistan province where the majority of the population lives in rural areas, the resources are concentrated in the cities. Due to the long distances between the rural communities and health centres, it becomes extremely difficult for the people to access these facilities.

54-year-old widow, Alam Khan is chronically ill. She belongs from Union Council Bhalonk, Village Shank from District Khuzdar. Despite having a long-term health condition, she is the sole bread earner of her family. Under the European Union funded Balochistan Rural Development and Community Empowerment (BRACE) Programme, she became an Income Generating Grant beneficiary and received 3 goats in October 2020. With sheer hard work, now she has increased the number to 6. Alam had sold her 7th goat for her medical expenses. She feels much better now and thanks the efforts of the European Union and Rural Support Programmes of Pakistan in uplifting her life.



