



Ministry of National Health Services,
Regulations and Coordination
Government of Pakistan

COVID-19

TEST YOUR KNOWLEDGE!

What everyone should know



Main symptoms of COVID-19



Fever



Cough



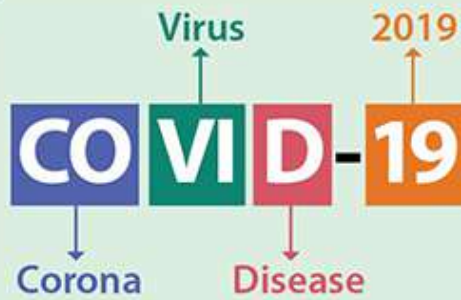
Difficulty in Breathing



Body Ache



Loss of sense of taste and smell



COVID-19 is a contagious respiratory disease, and if we do not take preventive measures, it is easily transmitted from person to person. With appropriate care, most people can be cured from COVID-19. **When not treated, it can cause death.**

How to prevent COVID-19

Wear a clean mask properly when in public places



Wash hands frequently with soap and water or use a hand sanitizer gel.



Maintain distance of at least 6 ft from others to reduce your exposure

Avoid travel and large-crowd events, as this increases the spread of Covid-19



When showing symptoms of Covid-19, **get tested early** and consult with your health specialist on how to isolate yourself and monitor your symptoms. Testing is easy, quick and safe.



Be Kind

Covid-19 can affect everyone. If a member of your family or friend has Covid-19, it is our responsibility to support and care for them.

Staying informed is essential.

We must distinguish between correct and false information, and accept only highly trusted sources. Engaging and passing on false information will only spread the virus further.



FOR MORE INFORMATION, CALL:

