

PROGRAMME FOR IMPROVED NUTRITION IN SINDH

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To support the Accelerated Action Plan, Government of Sindh

THE PINS PULSE

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The European Union-funded Programme for Improved Nutrition (PINS) aims to sustainably improve the nutritional status of children under five and of pregnant and lactating women in Sindh through institutional strengthening and building capacity of the Government of Sindh, by providing support to multi-sectoral nutrition policy, strategies and governance frameworks, for effective implementation of nutrition-specific and nutrition-sensitive interventions.

EU-PINS Briefed the Minister WDD on the Collaboration for Improving Nutrition in Province

In January, PINS kicked off the 2nd phase of its capacity building on nutrition in collaboration with the GoS' departments of Women Development (WDD) and College Education, aimed to benefit women faculty and senior girls' students of the public colleges. The trainings will build the capacity of women faculty on nutrition, to run successively such trainings with the students to positively impact the situation of nutrition. In total five training events will take place at the government colleges of districts *Matiari, Tando Muhammad Khan, Badin, Jamshoro and Thatta*. The first of these took place on 28th & 29th January at *Matiari and Tando M. Khan* which benefitted around **145** women faculty and girls' students. *Dr. Farhana Shahid*, Senior Expert on nutrition & gender, facilitated the trainings for women faculty and girl students, under the overall direction of *Mr. Muhammad Zeeshan Tariq*, Chief Advisor/ Team Leader, EU-PINS.



In a meeting on 22nd January 2021, *Mr. Tariq* briefed the Minister of the Women Development Department GoS, *Mrs. Shahla Raza* and Secretary *Mrs. Alia Shahid* on progress regarding the implementation of the EU-PINS (programme) which is working to improve the status of nutrition of women (pregnant, lactating and adolescent girls). He focused in particular on efforts to build the capacity of GoS by providing training to WDD officials, and women faculty and girl students of five districts which are likely to benefit more than **250**.

These efforts included contributions to the WDD's website, the developed manual, the advocacy for Iron Folic Acid supplements for adolescent girls and the SOPs developed by PINS for putting this capacity at work, for positively impacting planning and decision making at the district/taluka level including at the District Coordination Committee for Nutrition (DCCN).

The Minister and the Secretary of WDD acknowledged and appreciated the support, considered it quite meaningful for behavioral change which is critical to impact the status of Nutrition in the province. *Mr. Tariq* also presented the finalized trainer and trainee manuals to the Minister and Secretary of WDD.



PINS Implementation Updates, January 2021



5,374 children cured, **192** treated at Nutrition Stabilization Centers (NSC) sites



5,756 Admissions at OTP- Out Patient Therapeutic sites



101,337 Households visited by CRPs



13,300 SBCC sessions conducted

2nd Round of Rapid Assessments Initiated Using ODK

After a series of orientation sessions held with implementing partners, a second round of rapid assessments on multiple interventions using the Open Data Kit (ODK) was initiated by EU-PINS. The Open Data Kit (ODK) is a free, open-source suite of tools that allows data collection & submission using Android mobile devices to an online server, even without an Internet connection or mobile carrier service at the time of data collection.

The assessment focuses on highlighting the changes in knowledge, attitude and practices through behavior change in both Water Sanitation and Hygiene (WASH) and agriculture, food security interventions.



EU-PINS Training for CLEWS Helping Individuals and Communities

EU-PINS is not only helping communities alleviate poverty; it has also helped individuals turn their lives around. *Mr. Muhammad Chuttal* was trained as Community Livestock Extension Worker (CLEW) at the Research and Training Institute, *Tando Muhammad Khan*. *Mr. Chuttal* had been involved in gambling and to pay his debts had indulged in petty crime. With training provided by EU-PINS, he got a decent labor as CLEW and a new sense of purpose too. Now at *UC Mehrab Pur of Tando M. Khan*, he provides community sessions and treats livestock. He is as unwilling to give up on animals as on himself. Recently, he treated and saved a terminally ill buffalo. He is now proud of himself for turning his life around but above all is happy to be contributing to positively, impact communities.



Baby Girl Treated at DHQ Tando Allah Yar

Ms. Mala was happy to receive treatment for her two-year old baby girl's malnutrition at the District Headquarter Hospital (DHQ) *Tando Allah Yar*. She acknowledged they would not



have been able to take their baby girl to any hospital in the city for treatment due to the pandemic, and particularly now that her husband lost his job due to COVID. Soon after the treatment she was happy to report that her baby is feeling better!

PINS Implementation Updates, January 2021



26 Water supply schemes completed

41 Village Organisations conducted cleanliness campaign



11,625 Livestock treated/drenched/vaccinated by Community Livestock Extension Workers

6,600 Households oriented on food processing and preservation



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