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EUROPEAN UNION



PROGRAMME FOR IMPROVED NUTRITION IN SINDH

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THE PINS PULSE

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The European Union-funded Programme for Improved Nutrition (PINS) aims to sustainably improve the nutritional status of children under five and of pregnant and lactating women in Sindh through institutional strengthening and building capacity of the Government of Sindh, by providing support to multi-sectoral nutrition policy, strategies and governance frameworks, for effective implementation of nutrition-specific and nutrition-sensitive interventions.

Sensitization Session on Nutrition and Climate Change Impacts on Food Sectors Organized



PINS in collaboration with department of Environment, Climate Change and Coastal Development, GoS organized sensitization session on nutrition and climate change impacts on the food sectors (agriculture, livestock, fisheries), for the officials of department. The session was held on **27th October 2020** and chaired by the department’s Secretary, *Mr. Muhammad Aslam Ghauri*, who welcomed PINS’ support for similar training but for a broader set of audience.

The session included suggestions to mitigate issues arising from climate change and for increasing food security and diversity. Details on Climate Smart Agriculture Systems, which reduces drought, soil salinity and greenhouse gases emissions, were shared. EU-PINS Chief Advisor/Team Leader gave an overview of programme objectives, scope and support to AAP and PINS’ major areas of work. It was covered by the local and national press.

PINS Communities Receive Seeds for Rabi

As we enter Rabi season, PINS communities are getting ready to plant a new round of vegetables and crop grown in the season. To start them along, communities across PINS’ ten programme districts have been given seeds to grow their own organic vegetables. Seed packets containing seeds for cabbage, cauliflower, coriander, fenugreek, peas and spinach have been given to Over a 100,000 households which will be harvested early next year. Last year, over 90,000 households cultivated their kitchen gardens.



PINS’ Communities Commemorate Global Handwashing Day and World Food Day

Communities across 515 Union Councils working with PINS celebrated Global Handwashing Day and World Food Day and reaffirmed their commitment to ending malnutrition. Global Handwashing Day celebrations focused on why it was important to wash hands, now more so ever in helping to curb the spread of COVID-19.

Similarly, for World Food Day, community members shared what steps they have taken to improve their diets and what changes they have experienced as a result. Participants also brought a little something to showcase how they were incorporating different food groups, particularly seasonal and organic produce from their kitchen gardens. The events ended with community members taking a pledge to continue their fight against malnutrition.



Sensitization Session on Nutrition at Sindh Animal Health Institute Karachi



PINS in collaboration with GoS Livestock Department organized sensitization session on nutrition and livestock on **28th October 2020**. The event was held at the Sindh Institute of Animal Health, Karachi and was part of the effort to build the capacity of the institute. The session included information on animal-based protein sources (livestock and fish) which are essential for the human development, and issues like Aflatoxin, Mycotoxin- fungal diseases, were discussed at length.

Training on Inpatient Management of SAM

Five-day training on inpatient management of Severe Acute Malnutrition (SAM) in Nutrition Stabilization Centre (NSC), was organized for medical officers and support staff from NSCs of Hyderabad division's districts: *Thatta, Sujawal, Tando Muhammad Khan, Tando Allahyar and Matiari*.



PINS Implementation Updates, October 2020



1,864 Admissions at Outpatient Therapeutic (OTP) sites



294 Children under 5 suffering from Severe Acute Malnutrition treated at Nutrition Stabilization sites, **6,129** cured.



27,889 Livestock treated/drenched/vaccinated by Community Livestock Extension Workers



415 monthly meetings conducted by CRPs and AEs



544 FFS engaged in production and promotion of Moring and other nutritious plants



3,481 Latrines constructed by community; **49** Village Organisations declared open defecation free

First Round of Fish Harvest from PINS Community-managed Fish Ponds

PINS 3 carried out the first round of harvest of its community fish ponds across all target districts where 835 KGs of fish was harvested, with the highest in Shikarpur at 151 KGs. The harvested carp fish was sold to 658 households at rates ranging from Rs. 180 to 200 per kilogram after discussions with the Local Support Organisations who are managing the ponds, earning its managers a total of Rs. 138,140.

Given that the average price of fish in local markets is anywhere from Rs.280 to 350 per kg, pricing it from Rs.180 to 200 allows the pond to continue as a sustainable social enterprise. The price is a breakeven one, to ensure that all of next year's operating costs are recovered including fish seed, labour, maintenance, sundry expenses etc. Any surplus generated after the expenses are accounted for will be distributed by the LSO among the pond managers.



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