



EUROPEAN UNION



PROGRAMME FOR IMPROVED NUTRITION IN SINDH

In support of the Accelerated Action Plan, Government of Sindh

THE PINS PULSE

July 2019

The European Union-funded Programme for Improved Nutrition (PINS) aims to sustainably improve the nutritional status of children under five (U5) and of pregnant and lactating women (PLW) in Sindh through nutrition-specific and nutrition-sensitive interventions while capacitating the Government of Sindh so that it may efficiently implement its multi-sectoral nutrition policy.

Seed Distributed to Households for Kitchen Gardening

PINS 3 has distributed vegetable seed to 28,684 households who attended sessions at their designated farmer field school up to July 2019 to cultivate their household-level kitchen gardens.



The seed pack, that includes 7 type of seeds - Tomato, Chilli, Brinjal, Bitter Gourd, Sponge Gourd, Tinda (Indian Squash) and Cucurbit (cucumber), is aimed at easing access to organically grown vegetables to improve current dietary diversity prevalent in the area.

PINS 1 Commences MSM4N Mapping Exercise



PINS 1 has initiated an exercise for mapping services provided by AAP partners for the reduction of stunting and malnourishment in Sindh.

The mapping exercise, **MSM4N** (Multi-Sectoral Mapping for Nutrition), will be done in four phases; the first phase would entail data collection of interventions under the AAP. In the second

phase, IT professionals will map out the data collected to create a live interactive map.

The third focus will be on identifying gaps and duplications within the AAP interventions which will lead to the final phase of institutionalizing the mapping tool and training the requisite human resources on its use.

The first phase of the MSM4N was introduced in a workshop to participants from the AAP, Programme Coordinators and implementing partners. The exercise will be conducted in collaboration with the AAP Task Force Secretariat, Planning and Development Department, Government of Sindh and will be dovetailing the MIS and M&E frameworks of AAP.

6th WASH Sector Coordination Meeting Held

PINS 3 participated in the 6th WASH Sector Coordination meeting held on July 25th, 2019 at the AAP Taskforce Secretariat where the WASH component presented their progress with partners including UNICEF, Water Aid, Pakistan Council of Research in Water Resources (PCRWR).

In another meeting held that day with the Local Government Department, participants were briefed that RSPs have engaged UC Secretaries in water quality monitoring across the 10 target districts. The Secretary was also requested to issue the notification on district ODF committees so that requisite capacity building of its members be built on the ODF certification criteria in a timely manner.

Community Fish Farmers Trained on Improved Fish Production Management

PINS 3's Partner RSPs scheduled a series of events at district-level to identify and select fish farmers to build their capacity on community fish farming, market access and preservation methods. So far, three events have been organized in Shikarpur, Dadu and Jamshoro. In total, a hundred community participants have been trained on a variety of topics including better fish pond management, fish nutrition, disease and vaccination, fish harvesting and marketing.



Provision of Livestock Extension Services by Trained CLEWs



Community Livestock Extension Workers trained under PINS 3 have been actively collaborating with the District Livestock Department and participating in government-sponsored vaccination camps where they provided extension services under the supervision of expert livestock extension supervisors.

There has been considerable support from the Livestock Departments that have further encouraged CLEWs on covering a greater extent of the community given the current monsoon season and the diseases that it brings with. CLEWs have also been assured of the Department's continued support in the provision of vaccinations and drenching free of cost.

How Goats are Helping Mothers Fight Odds for a Better Life



As a mother of 5, Kareema, a resident of VO Rehmatullah, Dadu has often struggled with what she would feed her three boys and two girls, the youngest of which is yet to turn one. Her husband spends long hours on the field during the day and Kareema and him supplement his daily wage by making ropes used in charpoy (beds).

Implementation Updates – July 2019



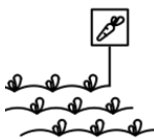
1,763 pregnant and lactating women (in the 0 – 12 PSC range) given grants to purchase goats



972 Demonstration plots established



110 Supply chain systems developed for WASH entrepreneurs



10,977 Households where kitchen gardens have been cultivated

3,988 women trained to become community poultry entrepreneurs



80 Fish farmers trained on improved fish production

765 VO and LSO level disaster risk reduction plans developed



496 Demo latrines developed in target areas



'Previously only the ones I breastfed would drink milk. For the others, I just couldn't afford and my husband and I hated not being able to provide for all our children.' This was until a few months ago. Asma received a grant from PINS, meant for women scoring between 0 – 12 on the Poverty Score Card and currently pregnant or lactating, to buy goats. She bought two, of which one has already given birth while the other one is pregnant.

'All my children now drink milk daily, which I could not be happier about. I want them to grow healthier so they don't struggle like I did when I was their age. My husband and I do too, every other day, something I couldn't imagine before I got my own goats.'

It also helps that Kareema, and not her husband, is the owner of the goats which makes her feel that she is contributing significantly for her family. *'Workers from PINS come to speak to me on a regular basis and provide vaccinations for my goats. It's nice to have someone to talk to about your struggles and try to find solutions to them.'*



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