



# PROGRAMME FOR IMPROVED NUTRITION IN SINDH (PINS)

In support of the Accelerated Action Plan, Government of Sindh

## ONE DAY ORIENTATION / TRAINING OF DISTRICT LEVEL RSPs STAFF ON MAXIMIZATION OF NUTRITIONAL IMPACT ON AFSL & WASH INTERVENTIONS



Technical Assistance Partner



Implementation Partners for PINS ER-3 Component



www.rspn.org

www.facebook.com/RSPNPakistan

www.facebook.com/ProgrammeforImprovedNutritioninSindh

www.facebook.com/aapsindh

**Developed By**

Zaheer Ahmed, Capacity Building Officer, PINS-RSPN

**Reviewed By**

Safina Abbas, Knowledge Management & Reporting Officer, PINS-RSPN

**© 2019 Rural Support Programmes Network (RSPN). All Rights Reserved.**

Every effort has been made to verify the accuracy of the information contained in this report. All information was deemed to be correct as of February 2019. Nevertheless, the Rural Support Programmes Network (RSPN) cannot accept responsibility of the consequences of its use for other purposes or in other contexts.



**'This publication was produced with the financial support of the European Union. Its contents are the sole responsibility of Rural Support Programmes Network (RSPN) and do not necessarily reflect the views of the European Union'**

**More information about European Union is available on:**

Web: <http://eeas.europa.eu/delegations/pakistan/>

Twitter: @EUPakistan

Facebook: [European-Union-in-Pakistan/269745043207452](https://www.facebook.com/European-Union-in-Pakistan/269745043207452)

## **CONTENTS**

---

Acronyms .....	3
Overview .....	4
schedule .....	5
Welcome and Introduction .....	5
Training Objectives and Individual Pre-Test .....	5
Individual Pre-Test .....	5
Training Workshop Proceeding.....	6
Post-Test and Training evaluation / Feedback.....	9
Conclusion.....	11
Annex A: ONE DAY TRAINING ON Maximizing the Nutritional Impact of FSL and WASH Intervention	12
Annex B: List of Participants .....	12
Annex C: Attendance Sheet .....	14
Annex D: Definition of EU .....	20

## ACRONYMS

AAP	Accelerated Action Programme
ACF / AAH	Action Consol La Faim / Action Against Hunger
AFS	Agriculture and Food Security
A4N	Agriculture for Nutrition
BMI	Body Mass Index
CA	Conservative Agriculture
CRA	Climate Resilient Agriculture
CSA	Climate Sustainable Agriculture
CU5	Children under Five
DRR	Disaster Risk Reduction
ER	Expected Results
EU	European Union
FCS	Food Consumption Score
FEZs	Food Economy Zones
FFS	Farmer Field School
GAM	Global Acute Malnutrition
GOS	Government of Sindh
HDDS	Household Dietary Diversity Score
HDI	Human Development Index
HEA	Household Economy Analysis
HFA	Height for Age
IDDS	Individual Dietary Diversity Score
IYCF	Infant Young Child Feeding
LBW	Low Birth Weight
MMDW	Minimum Dietary Diversity Women
MICS	Multi Indicator Cluster Survey
NutVal	Nutrition Value
PDC	Performance, Documentation and Communication
PLWs	Pregnant and Lactating Women
PINS	Programme for Improved Nutrition in Sindh
QQT	Quality, Quantity and Timeliness
SUN	Scaling Up Nutrition
VAC	Vulnerability Assessment Committee
VAD	Vitamin A deficiency
WFH	Weight for height
WFA	Weight for Age

## OVERVIEW

RSPN with technical support of Action Against Hunger (ACF) conducted a four days training workshop on **“Maximizing the Nutritional Impact of FSL Interventions & Climate Resilient Agriculture”** at MÖVENPICK Hotel Karachi. Aforementioned activity is conducted with RSPN staff, Implementing RSPs key staff and AAP Departments. The workshop was objected on maximization of nutritional impact on Agriculture, Food Security and Livelihood intervention and climate resilient agriculture. This workshop was facilitated by Mr. Ir Kiaya Mukumu Victor, Programme Advisor AFSL from ACF home office France. This activity was intended to enhance knowledge and understanding of the participants on how Food Security and Livelihoods (FSL) interventions have major roles in combating undernutrition. It also helped them to understand how short term and long term nutritional benefits can be achieved by implementing the right intervention at right time. The participant was familiarized about international perspectives of FSL interventions and encouraged their input / feedback pertaining to Pakistani context specifically Sindh province.

However, an activity was planned to conduct a rollout phase of aforementioned, a one day orientation was conducted with RSPs District Level staff on maximization of Nutritional impact on Agriculture, Food security and Livelihood interventions (AFSL) and WASH interventions to increase the knowledge of RSPs field staff directly engage in the implementation of AFSL and WASH Interventions. The activity was conducted at respective RSPs’ office i.e. SRSO Complex Sukkur, TRDP PIU Jamshoro and NRSP regional office Hyderabad. RSPN and ACF team facilitated the session with district level staff.

## **SCHEDULE**

<b>Date</b>	<b>Venue</b>
8 <sup>th</sup> February 2019	SRSO Complex Sukkur
13 <sup>th</sup> February 2019	TRDP PIU Jamshoro
16 <sup>th</sup> February 2019	NRSP Regional Office Hyderabad

## **WELCOME AND INTRODUCTION**

The activity was started with recitation of Holy Quran and introduction of the participants and facilitators. RSPs' programme manager were invited to welcome the participants and the facilitators and have words with staff on the importance of activity in connection with PINS interventions relevant to AFSL and WASH interventions.

## **TRAINING OBJECTIVES AND INDIVIDUAL PRE-TEST**

Capacity building officer RSPN introduced the objectives of the training / orientation with audience and circulated the agenda – agenda was shared with RSPs team lead before the training activity so that staff will be prepare themselves on contents of the orientation. The objectives were mentioned as follows;

### **Maximising the nutritional impact of FSL interventions Training**

- To increase participant's knowledge, skills and aptitudes in maximising the nutritional impact of food security and livelihoods intervention.
- To share and disseminate lessons learnt experiences and best practices of 'nutrition-sensitive' interventions.
- To help design a country action-plan to maximise the nutritional impact of FSL interventions.

### **Maximising the nutritional impact of WASH interventions Training**

- To clarify the concepts of nutrition and its linkage with WASH Interventions
- Conceptual clarity on UNICEF nutrition framework and its underlying

## **INDIVIDUAL PRE-TEST**

The facilitator distributed a format pertaining to pre-test the knowledge, skills and aptitudes of the participants and guided them to respond on the given template to the best of their abilities. The purpose of the pre-test was to analyse the conceptual understanding of the participants regarding ***"Maximising the nutritional impact of FSL & WASH interventions training"***, so that the facilitator formulate a customized strategy for session delivery in better and appreciative manner.



## TRAINING WORKSHOP PROCEEDING

### Module 1: Overview of under Nutrition:

The facilitator brainstormed the audience on concepts of undernutrition and its underlying causes and discussed with help of presentation about concepts of undernutrition with respect to following objectives;

- Define undernutrition and explain its consequences & determinants.
- Define Nutrition Security and explain the linkages between food security, livelihoods, agriculture, nutrition and health.
- List the resources and key sources of information related to undernutrition.



### Module 2: Nutrition Sensitive Assessment

The facilitator started session with general discussion on the module nutrition sensitive assessment and discussed why it is important and how it could be designed, and stressed on its importance and implication for field interventions as it is;

- Comprehensive overview & pathways
- Encourage synergies/ integration between sectors
- Reduce the risks of programme's failure and conversely
- Increase chance of programme's impact.
- Milestone for 'do no harm approach



Furthermore, he discussed that what types of variables are important for data collection and enlightens fewer of them with the audience i.e. nutritional status, food consumption patterns and dietary intake, care practices, nutritional needs of specific groups, gender considerations and health & sanitary environment.

### Module 3: Window of opportunity

The facilitator asked participants about the concept of window of opportunity; the audience were well-aware about the concept and its practical / operational implications. "The window of opportunity is addressing the child nutrition – lasting from conception to the age of two years". The participants were updated that; during window of opportunity infants and children have nutritional requirements that must be met adequately to ensure linear growth, health and brain development throughout his / her life. During the phase higher nutritional needs prevail, in case of failure to meet properly lead to the consequences of undernutrition – thus led severity – which would be irreversible.

### **Programme for Improved Nutrition in Sindh**

On the other hand, facilitator discussed that we need to consider two aspects pertaining to operational implications on AFSL interventions – thus includes – Assessment: specific data for PLW and children under two and women of reproductive age, targeting: unique or combined criteria (vulnerability + 1,000 days) and Programme's design: Nutritional needs of PLW and children addressed And what are the political challenging.



Suggestive Solutions / Overcome the Under Nutrition Situation:

#### **Effective nutrition interventions :**

- Promotion of breastfeeding
- Optimal complementary feeding
- Increase of micronutrient to improve family nutrition and reduction of disease burden.

#### **Long-term multi-sectoral interventions:**

- Increase Household income and Increase agricultural productivity
- Safe drinking water, Improve hygiene and Gender balance

#### **State Responsibility:**

- Giving high profile to nutrition and hunger
- Adopting a multi-sectoral approach,
- Encouraging civil society ownership and boosting participation
- Ensuring institutionalised coordination

### **Module 4: Programme Theory Pathways – Aiming for Nutrition Impact**

#### **Module 5: Nutrition oriented indicators**

The session started with slight discussion on nutrition oriented indicator with objective implications to Identify nutrition-related indicators to measure outcomes & impact's intervention and the purpose and process of collecting individual dietary information using IDDS, MDDW and IYCF.

#### **Module 6: Do No Harm**

The facilitator headed a session and define two objectives of the session;

- Define the 'do no harm approach' and list key steps of 'a do no harm approach' strategy
- Explain the purpose and process of using the IYCN Nutritional Impact tool assessment

The facilitator discussed that A Do No Harm" approach is used to integrate conflict-sensitivity wherever it is relevant. DNH field assessments help understand conflict at a project or community level. When local leaders understand which activities divide or connect people, development partners designed projects / programmes to minimise harm and support. The participants divided into two groups and asked to identify the negative impacts of Agriculture, Food Security and Livelihood intervention while implementing the projects / programmes with multi-sectoral approach. The groups then delivered a brief presentation on the theme with local context.



## **Programme for Improved Nutrition in Sindh**

### **Module 7: Nutrition Promotion and Behaviour Change Strategy**

The nutrition promotion and behaviour change strategy session conducted and the facilitator explained the objectives, include;

- Explain the purpose of nutrition promotion and how this should be used
- Explain the purpose of Behaviour Change Strategy (BCS) and how this should be used,

The facilitator discussed that Agricultural interventions are most likely to contribute to positive nutritional outcomes if they addressing gender issues, empowering women and incorporate nutrition education to address natural, financial, physical and human capitals, discussed the concepts of nutrition promotion (terminologies, improving knowledge and practices) and behaviour change and probe a question that “Is giving information enough to change behaviour”. Furthermore, the participants were taught about Change Communication and Formative research including *Dietary and care practices are embedded in people’s beliefs, norms, habits and traditions, and convincing people to change behaviour requires time and expertise*. Mr. Victor also discussed about vital strategies to improve nutrition & care of children, women and household; depend on practices of caregivers, who decide on adopting and using the project deliverables in an optimal manner or not, target non only women/caregivers **BUT** also men, decision makers and community agents who is doing it? FSL, NUT, MHCP.

After session a video clip showed to participants which intended to communicate behaviour change and research to understand context, norms and levers (formative research) related to dietary and care practices, Design actionable and well-tailored messages, Use existing channels of dissemination & cooking demonstrations, Measure the changes with KAP surveys and on-field observation.

### **Session 8: WASH and Nutrition Interventions**

The Facilitator started the session linkage between WASH and Nutrition take a quick moment to recap frameworks for understanding nutrition and referring back to the UNICEF framework for nutrition, highlight the causes of malnutrition which are divided across three distinct categories – basic, underlying and immediate.

While WASH is specifically mentioned as an underlying cause, and discussed that poverty and lack of access to resources mean households don’t always have access to clean water, sanitation products – which would be a basic cause. Without physical access to clean water , a family may not clean water before providing it to young children, or in food preparation(this would be an underlying factor) which results in a bout of illness, diarrhea which impacts directly on a child’s nutrition status. So we can see how WASH factors operate at all levels of the malnutrition framework.

After discussion on framework that shows us that there are multiple levels of causes of malnutrition, and that without a shift of the basic causes, improvements in underlying and immediate causes will not be sustainable.

Then the teams were divided in to 3 equal groups one each for **WATER, SANITATION** and **HYGENE**. Each group was asked to make three slips written on the each of that top the ACTIVITY as per PIM, then a scenario under that particular activity and last one liner (relation with malnutrition). All the three groups prepared there 3 scenarios one each for water, sanitation and hygiene.

### **Programme for Improved Nutrition in Sindh**

Then one volunteer picked up that slip from bowl and ask the teams to act and perform (mock exercise) one by one.

While concluding by WASH Specialist the participants were asked to volunteer themselves if anyone has these figures/numbers:

1. Total number of settlements with SMT
2. Total number of HH in these settlements
3. How many HH are without latrines
4. How many HH practicing HH water treatment methods
5. How many HH practicing handwashing with soap

## **POST-TEST AND TRAINING EVALUATION / FEEDBACK**

At the end of formal training, trainee participants given a post-test template in order to analyse the conceptual clarity on a day training workshop themed at “Maximizing the Nutritional Impact of FSL and WASH Intervention”. Moreover, participant also given a feedback form for overall evaluation of training, encourage them to provide their valuable input / feedback so that these could be considered for future capacity building events.

### **PRE & POST-TEST AND TRAINING EVALUATION / FEEDBACK**

In order to evaluate the pre & post training knowledge of the participants, the facilitator(s) provided a format consists of questions / objective statements for assessment. The pre and post training evaluation format divided into three parts i.e. MCQs, True & False and Subjective part. The participants fill in the form carefully and submitted for score evaluation. Following table showing the pre and post training score of each individual attended the training.

Sr#	Name of Participant	Designation	Pre Test	%age	Post Test	%age
1	Mahira Soomro	M&E Assistant	19	38%	46	92%
2	Sabia GM	WASH Officer	21	42%	44	88%
3	Fozia Solangi	CNO	25	50%	44	88%
4	Ambreen Soomro	CNO	29	58%	43	86%
5	Fouzia Khatoon	CNO	28	56%	42	84%
6	Preh Baloch	CNO	28	56%	42	84%
7	Barkat Ali	CNO	23	46%	44	88%
8	Waseem Sajjad	CNO	28	56%	42	84%
9	Muhammad Ali	CNO	27	54%	39	78%
10	Akeel Ahmed	CNO	23	46%	42	84%
11	Humair Ahmed	CNO	18	36%	44	88%
12	Shabroz	CNO	19	38%	42	84%
13	Shakeela Memon	CNO	21	42%	39	78%
14	M. Salman	AFS Officer	25	50%	44	88%
15	Junaid Ahmed	AFS Officer	29	58%	43	86%
16	Abdul Hafeez	AFS Officer	28	56%	42	84%
17	Ali Raza	WASH Officer	28	56%	42	84%
18	Khuram Zameer	WASH Officer	23	46%	44	88%
19	Yasir Ali Kalhoro	CNO	28	56%	42	84%
20	Hamid Ali Magsi	PM	27	54%	39	78%
21	Riaz Ahmed	DPO	23	46%	42	84%

**Programme for Improved Nutrition in Sindh**

22	Mazhar Ali	DPO	18	36%	47	94%
23	Shoukat Hussain	CNO	18	36%	43	86%
24	M. Yaseen	CNO	19	38%	44	88%
25	Muhammad Yousif	WASH Officer	21	42%	43	86%
26	Shaista Mallah	CNO	25	50%	43	86%
27	Khuda Bux	CNO	29	58%	43	86%
28	Khalid Usman	AFS Officer	28	56%	41	82%
29	M. Umar Soomro	WASH Officer	28	56%	40	80%
30	Uzam Siyal	CNO	23	46%	40	80%
31	Uzma Pahnwar	AFS Officer	28	56%	44	88%
32	Fahmida Junejo	CNO	27	54%	43	86%
33	Ghayasuddin	CNO	28	56%	42	84%
34	Suriya Soomro	CNO	23	46%	42	84%
35	Saira Memon	M&E Assistant	28	56%	44	88%
36	Ali Muhammad Kallar	PM	27	54%	42	84%
37	Sukhio Abro	CNO	25	50%	39	78%
38	Mehtab Ali	CNO	29	58%	42	84%
39	Rehana Sonlangi	CNO	28	56%	47	94%
40	Jamil Ahmed	AFS Officer	28	56%	43	86%
41	Abdul Wahid	CNO	23	46%	44	88%
42	Abdul Aleem	AFS Officer	28	56%	44	88%
43	Anila Gandahi	AFS Officer	27	54%	43	86%
44	Naseem Akhtar	CNO	23	46%	42	84%
45	Rizawan Samon	CNO	18	36%	42	84%
46	Rukhsana Samon	CNO	19	38%	44	88%
47	Roshan Ansari	WASH Officer	21	42%	42	84%
48	Inayat Ali	CNO	25	50%	39	78%
49	Muzafar Mari	WASH Officer	29	58%	42	84%
50	Ali Hassan	CNO	28	56%	47	94%
51	Abdul Ghani Khushk	WASH Officer	28	56%	43	86%
52	Zafreen Naz	CNO	23	46%	44	88%
53	Sana Rahseed	CNO	28	56%	44	88%
54	Munir Ahmed	CNO	27	54%	43	86%
55	Sajda	CNO	23	46%	42	84%
56	Parveen	CNO	18	36%	42	84%
57	Iqra Baig	WASH Officer	19	38%	44	88%
58	Abdul Rahman	CNO	21	42%	42	84%
59	M. Ismail	CNO	25	50%	39	78%
60	M. Moosa	CNO	29	58%	42	84%
61	Attaullah	CNO	28	56%	47	94%
62	Khailda	CNO	28	56%	43	86%
63	Kanwal Baloch	CNO	23	46%	44	88%
64	Ghulam Murtaza	DPO	28	56%	44	88%
65	Adnan	FO	27	54%	43	86%
66	Nazar Joyo	PM	23	46%	42	84%

## Programme for Improved Nutrition in Sindh

### TRAINING EVALUATION / FEEDBACK

A total of 66 participants from Rural Support Programmes i.e. SRSO, NRSP and TRDP provided feedback on the Training workshop by filling the Participant's Feedback Form. The summary of feedback provided against each set criteria statements is depicted in the below given table.

Criteria Statement	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total (N=32)
The objectives of the training were clearly defined	78%	10%	12%	0%	0%	100%
Participation and Interaction were encouraged	83%	15%	0%	2%	0%	100%
Topics covered (course content) were relevant and appropriate with practical implications of concepts	91%	9%	0%	0%	0%	100%
Content was organized and easy to follow	89%	9%	2%	0%	0%	100%
Materials distributed were useful and sufficient for the participants	68%	24%	6%	1%	1%	100%
The facilitators(s) were knowledgeable about the training topics	71%	29%	0%	0%	0%	100%
The participant(s) were well prepared	88%	12%	0%	0%	0%	100%
The training of training objectives were met	98%	2%	0%	0%	0%	100%
Time allotted for each training session was sufficient	95%	3%	2%	0%	0%	100%
Physical facilities were adequate and comfortable / conducive learning environment	94%	6%	0%	0%	0%	100%
Do you think you can effectively use the skills / information learned from the ToT in your work?	100%	0%	0%	0%	0%	100%
Do you think that your personal learning objectives have been achieved?	42%	47%	5%	5%	0%	100%
Do you think that practical skills / exposure visits enhanced your KSAs for field activities?	93%	6%	1%	0%	0%	100%

### CONCLUSION

Mr. Rao Ayub concluded the session and once more called upon the RSPs' PM to conclude the event at their end and also guide the staff to replicate the learnings in field implementation and also share their knowledge with other staff members or plan a day refresher activity at district level to enhance conceptual understanding the theme.

After formal conclusion of the training workshop by thanking all the participants again and summarizing important take-away, and RSPN team shared modules, presentations, audio – visual aids and handouts with participants for more reading.

**ANNEX A: ONE DAY TRAINING ON MAXIMIZING THE NUTRITIONAL IMPACT OF FSL AND WASH INTERVENTION**

Time	Module	Session	Methodology	Facilitator
0845 – 0900	Registration	Participants have to register themselves	Attendance Sheet	RSPN
0900 – 0905	Recitation	Recitation of the Holy Quran	Recitation	Participant
0905 – 0915	Welcome Note & Introduction	Welcome Note	Speech	PD RSPN
0915 – 0940	Introduction & Pre test Training Objectives	Participant & Facilitators introduction and pre test	Participatory	CBO
0940 – 1020	Module: 1 Overview of Under Nutrition	Over view of Under nutrition	Brainstorming / Presentation & Discussion	AFSL Team
		Conditions of Under Nutrition		
		Consequences of Under Nutrition		
		FOOD SECURITY & NUTRITION SECURITY		
1020 – 1115	Module: 2 Nutrition Sensitive Assessment	Nutrition Sensitive Assessment	Presentation / Discussions	AFSL Team
		IYCF – Core Indicators		
1115 – 1130	<b>Tea Break</b>			
1130 – 1210	Module: 3 Window of Opportunity	Window of opportunity Operational Implications Suggestive Solutions / Overcome the Under Nutrition Situation	Presentation / Discussions	AFSL Team
1210 – 1300	Module: 4 Nut Indicators	Nutrition Indicators	Presentation / Discussions	AFSL Team
1310 – 1400	<b>Lunch &amp; Prayer Break</b>			
1400 – 1440	Module: 5 Do No Harm & Action Plan	Do No Harm Action Plan	Presentation / Discussions	AFSL Team
1440 - 1520	Module: 6 Linking WASH with Nutritional Impact	Importance of WASH w.r.t Nutritional Impact Linkage with WASH intervention in PINS	Presentation / Discussions	WASH Team / CBO
1520 – 1600	Module: 7 FSL Interventions	Planning FSL Interventions Implementations FSL Interventions Synergies b/w FSL & Nutrition	Presentation / Discussions	AFSL Team
1600 – 1650	Module: 8 Behavior Change Strategy	Behavior Change Strategy Nutrition Promotion Vs. BCS Key Messages	Brainstorming / Presentation & Discussion	AFSL Team
1620 – 1640	Conclusion Post Test & Feedback	Participants will be encouraged to provide their feedback / ask for response on their queries	Participatory	CBO
1700 – 1730	Closing Remarks & Certification	Closing remarks will be provided to participants and the certificate will be awarded as well		RSPN Team

**ANNEX B: LIST OF PARTICIPANTS | GROUP-I SRSO**

Sr#	Name of Participant	Designation	Contact#
-----	---------------------	-------------	----------

### Programme for Improved Nutrition in Sindh

1	Mahira Soomro	M&E Assistant	0332-0835644
2	Sabia GM	WASH Officer	0336-3461481
3	Fozia Solangi	CNO	0305-2904872
4	Ambreen Soomro	CNO	0310-3604795
5	Fouzia Khatoon	CNO	0331-2727775
6	Preh Baloch	CNO	0317-3628288
7	Barkat Ali	CNO	0300-5077463
8	Waseem Sajjad	CNO	0332-3952735
9	Muhammad Ali	CNO	0334-3195404
10	Akeel Ahmed	CNO	0333-9911253
11	Humair Ahmed	CNO	0333-7222127
12	Shabroz	CNO	0331-5279820
13	Shakeela Memon	CNO	0335-6926125
14	M. Salman	AFS Officer	0333-7288124
15	Junaid Ahmed	AFS Officer	0341-2904942
16	Abdul Hafeez	AFS Officer	0344-8397693
17	Ali Raza	WASH Officer	0311-9944030
18	Khuram Zameer	WASH Officer	0346-8973088
19	Yasir Ali Kalhoro	CNO	0302-2727211
20	Hamid Ali Magsi	PM	0334-3303222
21	Riaz Ahmed	DPO	0334-2146142
22	Mazhar Ali	DPO	0332-22769579
23	Rao Ayub	STAM	0333-2974284
24	Zaheer Ahmed	CBO	0336-0121849

### LIST OF PARTICIPANTS | GROUP-II TRDP

Sr#	Name of Participant	Designation	Contact#
1	Shoukat Hussain	CNO	0313-7880687
2	M. Yaseen	CNO	0341-1226350
3	Muhammad Yousif	WASH Officer	0300-3257092
4	Shaista Mallah	CNO	0313-3446619
5	Khuda Bux	CNO	0336-8080018
6	Khalid Usman	AFS Officer	0343-5333158
7	M. Umar Soomro	WASH Officer	0311-0357094
8	Uzam Siyal	CNO	0331-3690269
9	Uzma Pahnwar	AFS Officer	0331-3134470
10	Fahmida Junejo	CNO	0302-3934098
11	Ghayasuddin	CNO	0306-8571768
12	Suriya Soomro	CNO	0345-3174757
13	Saira Memon	M&E Assistant	0336-3744605
14	Ali Muhammad Kallar	PM	0333-2642053

### LIST OF PARTICIPANTS | GROUP-III NRSP

Sr#	Name of Participant	Designation	Contact#
1	Sukhio Abro	CNO	0303-3336896
2	Mehtab Ali	CNO	0303-3994663
3	Rehana Sonlangi	CNO	0334-2884442
4	Jamil Ahmed	AFS Officer	0303-7775825
5	Abdul Wahid	CNO	0303-7774214
6	Abdul Aleem	AFS Officer	0303-7774216
7	Anila Gandahi	AFS Officer	0300-2838596
8	Naseem Akhtar	CNO	0301-3731596
9	Rizawan Samon	CNO	0303-7772135

### Programme for Improved Nutrition in Sindh

10	Rukhsana Samon	CNO	0303-7772137	
11	Roshan Ansari	WASH Officer	0333-2536335	
12	Inayat Ali	CNO	0303-7775283	
13	Muzafar Mari	WASH Officer	0333-2913162	
14	Ali Hassan	CNO	0303-7775910	
15	Abdul Ghani Khushk	WASH Officer	0303-7775832	
16	Zafreen Naz	CNO	0303-7775834	
17	Sana Rahseed	CNO	0303-7775835	
18	Munir Ahmed	CNO	0333-3669017	
19	Sajda	CNO	0335-3242444	
20	Parveen	CNO	0305-3931045	
21	Iqra Baig	WASH Officer	0305-4522916	
22	Abdul Rahman	CNO	0303-7775913	
23	M. Ismail	CNO	0333-2547891	
24	M. Moosa	CNO	0333-2664371	
25	Attaullah	CNO	0303-7774770	
26	Khailda	CNO	0303-7775827	
27	Kanwal Baloch	CNO	0303-7775829	
28	Ghulam Murtaza	DPO	0303-7773622	
29	Adnan	FO	0303-3336129	
30	Nazar Joyo	PM	0303-3335473	
31	Shaheen Chachar	PO/MER	0303-7776393	
32	Sikandar Ali	DPO	0303-7772131	
33	Mahboob Jarwar	DPO	0303-7776402	
34	Ali Nawaz Lakho	DPO	0303-3335517	
35	Waseem Akhtar	DPO	0303-7775824	
36	Fahad	F&A	0343-3772203	
37	M R Kayani	WASH Specialist	0300-4145014	
38	Zaheer Ahmed	CBO	0336-0121849	
<b>Activity</b>				
	RSP Name	<b># of Participants</b>		Total
		Male	Female	
<b>Training of District Level RSPs staff on maximization of nutritional impact on AFSL &amp; WASH Interventions</b>	SRSO	16	8	24
	NRSP	16	12	28
	TRDP	7	7	14
	Total	39	27	66

### ANNEX C: ATTENDANCE SHEET



# Programme for Improved Nutrition in Sindh (PINS)

## Attendance Sheet

PROGRAMME  
FOR IMPROVED  
NUTRITION IN  
**SINDH**  
2003 - 2004 to the European Union



25	Riaz Ahmed	DPO PINS	SRSO	riazbija@srso.org.pk	0334-2146142	(Riaz Ahmed)
26	Mazhar	DPO PINS	SRSO	mazharabio@srso.org.pk	033-2276979	Mazhar
27	Rao Ayub Khan	Sr. Tech. Man	ACF	ayubm@acf-international.org	0333-2774284	Rao Ayub Khan
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						





**ONE DAY ORIENTATION OF RSPs FIELD STAFF ON MAXIMIZATION OF NUTRITION  
IMPACT ON AFSL AND WASH INTERVENTIONS**

**Location: TRDP PIU Jamshoro**

**Schedule: 13<sup>th</sup> February, 2019**



**Participants Attendance**

Instructions: Participants are directed to enter details in format neatly / readable.

Sr No.	Name of Participant	Designation	Org. / RSP / District	Contact#	Email ID	Signature
1	Shoodeal-Hassai	CNO	TRDP Jolii	0313-7880687	shoodeal-hassai@hotmail.com	
2	M-Yaseen	CNO	TRDP Dadu	03411226350	yaseen_chamiz@gmail.com	
3	Muhammed Younisif	WASH-officer	TRDP- Jamshoro	0300-3257092	muhammedyounisifpankhor@gmail.com	
4	Shaista Mallah	CNO	TRDP Dadu	0333446619	shaista.mallah@hotmail.com	
5	Khuda Bux	CNO	TRDP Jamshoro	0336-8080018	Kb.babar786@gmail.com	
6	Khalid Usman	AFS officer	TRDP Jamshoro	03435333158	KhalidUsmanShah@gmail.com	
7	M-Umer Soomro	WASH officer	TRDP Dadu Jamshoro	0311-0357094	muhammedumer_soomro3@gmail.com	



Programme for Improved Nutrition in Sindh



Sr No.	Name of Participant	Designation	Org. / RSP / District	Contact#	Email ID	Signature
8	Uzma Syal	CNO	TRDP Jamshoro	0331 3690 269	uzmasiyal10@gmail.com	
9	Uzma Panhwar	AGFSO	TRDP Dadu	0331-3/34470	uzmapanhwar786@gmail.com	
10	Fahmids Junejo	C.N.O	TRDP TBK	03023934078		
11	Ghayasuddin	CNO	TRDP TBK	03068571768	Ghayas.Shahani@yahoo.com	
12	Zaheer Ahmed	UBO	RSPN	0336-0121849	zaheer.ahmed@rspn.org.pk	
13	Susija Soomro	CNO	TRDP Dadu	0345-31747 57	SusijaSoomro68@gmail.com	
14	Sains Memon	MEE Assistant	TRDP/PIU	0336-374465	sains.memon@handeep.org	
15	Mohant Thakur	WASH ENGINEER	RSPN KARACHI	0332 2977035	mohantthakur@rspn.org.pk	
16	Ali Mohammad Khan	Project manager	PIU	0333-2642053	alikhan@handeep.org	





ONE DAY ORIENTATION OF RSPs FIELD STAFF ON MAXIMIZATION OF NUTRITION  
IMPACT ON AFSL AND WASH INTERVENTIONS

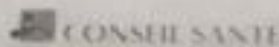
Location: NRSP PIU Hyderabad

Schedule: 16<sup>th</sup> February, 2019



Participants Attendance  
Instructions: Participants are directed to enter details in format neatly / readable.

Sr No.	Name of Participant	Designation	Org. / RSP / District	Contact#	Email ID	Signature
1	Sutshio <del>Haso</del>	CNO	Nabaz	03033336896	Lutshioabro@gmail.com	
2	Mahdab PC	C.M.O	Matiari	03033994663	Mahdab SLK1110@yahoo.com	
3	Rehana Solangi	CNO	Matiari NRSP	03342884442	ICS.MatiariMatiari@gmail.com	
4	Jamil Hussain	AFSO	NRSP TMLC	0303-7778825	jamilnrsp@yahoo.com	
5	Abdul Wahid	CNO	NRSP Tay	0303 7774214	abdul-wahid06@yahoo.com	
6	Abdul Meem	AFSO	NRSP Sejawal	03037774216	daemkhalifa@yahoo.com	
7	Anila Qandohi	AFSO	NRSP TAY	0300-2838596	anilaqandi@yahoo.com	



Programme for Improved Nutrition in Sindh



Sr No.	Name of Participant	Designation	Org. / RSP / District	Contact#	Email ID	Signature
35	Makboob Janvi	DPO	NRSP-TAY	0303 - 7776402	makboob.nrsp@gmail.com	
36	Ali Nawaz Lakho	DPO	NRSP-MIR	0303 3335517	ali.nawaz@nrsp.org.pk	
37	Wasim Akhtar	DPO-	NRSP-TMC	0303- 7725824	wasim.akhtar@nrsp.org.pk	
38	Fahad	OF&A	RO	0343- 3772203	fahad.awan@nrsp.org.pk	
39						
40						
41						
42						
43						



## **ANNEX D: DEFINITION OF EU**

Definition of European Union: “The European Union is made up of 28 Member States who have decided to gradually link together their know-how, resources and destinies. Together, during a period of enlargement of 50 years, they have built a zone of stability, democracy and sustainable development whilst maintaining cultural diversity, tolerance and individual freedoms. The European Union is committed to sharing its achievements and its values with countries and peoples beyond its borders”.

Government of Sindh (GoS) through the Planning and Development Department (PDD) is implementing a six-year multi-sectoral Sindh Accelerated Action Plan for Reduction of Stunting and Malnutrition (AAP), with the objective of reducing stunting rate from the existing 48 percent to 40 percent by 2021. The European Union (EU), under the EU Commission Action Plan on Nutrition 2014, is supporting GoS in addressing the issue of malnutrition. Therefore, EU Brussels Office has approved the Programme for Improved Nutrition in Sindh (PINS) to be implemented in ten districts of Sindh which include Shikarpur, Thatta, Kambar Shahdadt, Larkana, Dadu, Jamshoro, Matiari, Sajawal, Tando Allahyar and Tando Muhammad Khan.

RSPN is leading the PINS Expected Results (ER) 3 component with four partners: Action Against Hunger, National Rural Support Programme (NRSP), Sindh Rural Support Organisation (SRSO) and Thardeep Rural Development Programme (TRDP). This component includes nutrition sensitive interventions i.e. Water Sanitation and Hygiene (WASH) and Agriculture & Food Security (AFS).



EUROPEAN UNION

'This publication was produced with the financial support of the European Union. Its contents are the sole responsibility of Rural Support Programmes Network (RPSN) and do not necessarily reflect the views of the European Union'

More information about European Union is available on:

Web: <http://eeas.europa.eu/delegations/pakistan/>

Twitter: @EUPakistan

Facebook: [European-Union-in-Pakistan/269745043207452](https://www.facebook.com/European-Union-in-Pakistan/269745043207452)

## Programme for Improved Nutrition in Sindh

Rural Support Programmes Network  
House No: C-108, Block-2  
Clifton, Karachi  
021-35865577-8-9

[www.rspn.org](http://www.rspn.org)

[www.facebook.com/RSPNPakistan](https://www.facebook.com/RSPNPakistan)

[www.facebook.com/aapsindh](https://www.facebook.com/aapsindh)

