



**PROGRAMME FOR IMPROVED NUTRITION IN SINDH (PINS)**  
**In support of the Accelerated Action Plan, Government of Sindh**



**PROGRAMME FOR IMPROVED NUTRITION IN SINDH (PINS)**  
 In close collaboration with the Accelerated Action Plan, Government of Sindh



**Global Handwashing Day 2018**  
**Clean Hands - A Recipe for Health**  
 15<sup>th</sup> October, 2018

PINS is Funded by the European Union



Technical Assistance Partner



Implementing Partners for the PINS ER-3 Component



**Global Handwashing Day Celebrations**  
 October 2018 | SRSO, NRSP, TRDP



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## Contents

Acronyms .....	3
Overview .....	4
Background & Introduction of the Global Handwashing Day.....	4
Theme of Global Handwashing Day 2018 ‘Clean Hands- A recipe for health’.....	5
Summary of Events: .....	5
Provincial Event:.....	5
GHD Celebrations by Implementing RSPs:.....	9
GHD Celebrations by SRSO: .....	9
GHD Celebration in District Larkana .....	9
GHD Celebration in District Kambar Shahdadkot .....	11
GHD Celebration in District Shikarpur .....	14
GHD Celebrations by TRDP: .....	18
GHD Celebration in District Jamshoro .....	18
GHD Celebration in District Dadu .....	22
GHD Celebrations by NRSP: .....	27
GHD Celebration in District Thatta .....	27
GHD Celebration in District Sujawal.....	29

## Acronyms

AAP	Accelerated Action Plan for Reduction of Stunting and Malnutrition
ACF	Action against Hunger
AFS	Agriculture and Food Security
CDD	Community Driven Development
CLTS	Community Led Total Sanitation
CEO	Chief Executive Officer
CIF	Community Investment Fund
CLEW	Community Livestock Extension Workers
CM	Chief Minister
CO	Community Organization
COO	Chief Operating Officer
CRP	Community Resource Person
CNO	Community Nutrition Officer
DPO	District Project Officer
DRR	Disaster Risk Reduction
ER	Expected Results
EU	European Union
FFS	Farmer Field School
GoS	Government of Sindh
GHD	Global Handwashing Day
HR	Human Resources
LSO	Local Support Organization
M&E	Monitoring and Evaluation
NGO	Non-Government Organization
NRSP	National Rural Support Programme
PINS	Programme for Improved Nutrition in Sindh
SUCCESS	Sindh Union Council and Community Economic Strengthening Support
RSPN	Rural Support Programmes Network
RSPs	Rural Support Programmes
SRSO	Sindh Rural Support Organization
TRDP	Thardeep Rural Development Programme
UC	Union Council
UNICEF	United Nations International Child's Emergency Fund
VO	Village Organization
WASH	Water Sanitation and Hygiene

## Overview

Government of Sindh (GoS) through its Planning and Development Department (PDD) is implementing a six-year multi-sectoral Sindh Accelerated Action Plan(AAP) for Reduction of Stunting and Malnutrition with the objective of reducing stunting rate from the existing 48 percent to 40 percent by 2021. The European Union (EU), under the EU Commission Action Plan on Nutrition 2014, is supporting GoS in addressing the issue of malnutrition. Therefore, EU Brussels Office has approved the four-year Programme for Improved Nutrition in Sindh (PINS) to be implemented in ten districts of Sindh starting from February 15, 2018 and ending in July 14, 2021.

RSPN is leading the PINS Nutrition sensitive component (Expected Result-3) with four partners: Action Against Hunger (ACF), National Rural Support Programme (NRSP), Sindh Rural Support Organisation (SRSO) and Thardeep Rural Development Programme (TRDP). This component includes nutrition sensitive interventions i.e. Water, Sanitation and Hygiene (WASH) and Agriculture & Food Security (AFS).

One of the major activities under RSPN led nutrition sensitive component of PINS is celebration of programme related international days i.e. Global Handwashing Day (GHD), World Toilet Day, World Water Day and World Food Day at UC, District and Provincial levels. To celebrate the GHD, RSPN developed a concept note and outlined the agenda for the GHD celebrations. This concept note was shared with RSPs along with visibility material such as banners. Following the guidelines given in the concept note the GHD was celebrated across targeted districts on October 15, 2018 and October 16, 2018 except in districts Matiari, Tando Allahyaar and Tando Muhammad Khan where no celebrations were held. This report outlines the provincial level event of the GHD at Fateh Muhammad Gabol School Gadap Town and the RSP-wise celebrations in the following districts of Sindh.

- SRSO: Larkana, Kambar Shahdadkot, Shikarpur
- TRDP: Dadu and Jamshoro
- NRSP: Thatta, Sujawal

## Background & Introduction of the Global Handwashing Day

The Global Handwashing Day is an annual global advocacy day dedicated to increase awareness and understanding about the importance of handwashing with soap as an easy, effective, and affordable way to prevent diseases and save lives. Global Handwashing day is celebrated every year on 15th of October; the event was started in August 2008 by the global Handwashing Partnership (GHP) at the annual World Water Week in Stockholm, Sweden. The Global Handwashing Day is designed to:

- Foster and support global and local culture of handwashing with soap
- Shine a spotlight on the state of handwashing around the world
- Raise awareness about the benefits of handwashing with soap

Since 2008, community and national leaders have used Global Handwashing Day to spread the word about handwashing, build sinks and tippy taps and demonstrate the simplicity and value of clean hands. When handwashing with soap is practiced regularly at critical times, such as after using the

toilet or before contact with food, it can dramatically reduce the risk of diarrhea and pneumonia, which can cause serious illness and death.

### **Theme of Global Handwashing Day 2018 ‘Clean Hands- A recipe for health’**

The GHP organizes international, regional and local events on the Day related to a particular theme. In 2018, the Global Handwashing Day theme is ‘Clean Hands-A recipe for health’. The theme focuses on the links between handwashing and food, including food hygiene and nutrition. Following steps ought to be taken at household and community level to re-enforce the theme:

- Wash your hands with soap at critical times, especially before eating, cooking, or feeding others;
- Model good handwashing behavior, and remind or help others to always wash their hands with soap before eating;
- Make handwashing with soap as a part of family meals;
- Establish places to wash your hands with soap in the household and communities.

### **Summary Events:**

RSPN participated in one provincial level event for GHD. Across PINS targeted districts GHD was celebrated in 7 districts. RSPs organized events in districts where LSOs also participated. The event theme was “Clean Hands – a Recipe for Health”. The details of these celebrations are as under:

### **Provincial Level Event:**

One Provincial level event was jointly organised by Education Department GoS, UNICEF, USAID, WHO, RSPN & HANDS at Government Boys Elementary School-Fateh Muhammad Gabol Goth. A large number of students, teachers, CSO representatives and community members attended the event.

### **District Level Event organized by RSPs:**

District level events were organised by RSPs. SRSO organised events in district Larkana, Kambar Shahdadkot and 2 events in district Shikarpur. TRDP organised events in district Dadu and Jamshoro, whereas NRSP organised events in district Thatta and Sujawal.

### **Union Council Level Events organized by LSOs:**

20 Union Councils celebrated GHD in districts Larkana, Kambar Shahdadkot and Shikarpur. 21 Union Councils celebrated GHD in districts Dadu and Jamshoro whereas 12 Union Councils celebrated GHD in districts Thatta and Sujawal.

### **Provincial Level event**

**Fateh Muhammad Gabol Goth-Government Boys Elementary School Gadap Town**

The Global Handwashing Day (GHD) event was celebrated jointly by Education Department GoS, UNICEF, USAID, WHO, RSPN & HANDS at Government Boys Elementary School-Fateh Muhammad Gabol Goth. Some 500 students, teachers, CSO Reps and community members attended the event. The event theme was “Clean Hands – a Recipe for Health”.

The event began with a recitation of the verses from the Holy Quran by a volunteer from the participants. The facilitator of the event Mr. Ahmed Dayo, Project Manager at HANDS requested all the attendees to stand up for the national anthem which was played right after. Mr. Sobho Laghari Head Master of the school welcomed the representatives of Hands, UNICEF, RSPN, WHO and government education department officials to the Global Handwashing Day event. He said “It is an honor for our school to organize the Global Handwashing Day event here and to host all the guests. Thank you for attending the event and I welcome you all.”

Mr. Ahmed Dayo called upon the stage Deputy Director School Education Mr. Kashif Akhtar to share his thoughts on the GHD. Mr. Kashif Akhtar emphasized the importance of clean hands and said that there are numerous disadvantages of dirty hands. He added that diseases spread through unwashed dirty hands and cause illnesses. He addressed the students and said that “You should decide today that you will keep your hands clean by washing them with soap at critical times. When you will be healthy our society will be healthy”.

Afterwards the facilitator of the event, Mr. Ahmed Dayo called upon the stage Dr. Ayaz from UNICEF to address the audience. Dr. Ayaz said that the purpose of this program is to spread awareness about clean hands among students. He said, “The students should go home and inform their mothers about the importance of clean hands”. He further added that students should tell their mothers that they should wash their hands before cooking food. Dr. Ayaz announced that National Measles campaign has been initiated in which all children from 9 months to 5 years of age have to be vaccinated so that they remain safe from measles. He summed up his speech by saying that he has two messages for all the students. One, they should wash hands with soap before eating food and after using the toilet. Second, all children should get vaccinated in the National Measles Campaign.

Then the facilitator called upon the stage Dr. Umar from WHO to share his thoughts. Dr. Umar said that it is important to include schools in the awareness activities regarding handwashing because by working with schools we can work on improving health of children. Dr. Umar said that 50% of the diseases related to stomach and breathing can be overcome if we take basic measures such as handwashing. He further added that most people are not aware of the fact that diseases such as polio can spread through unwashed hands i.e. if they are not clean. Dr. Umar concluded his speech by saying that “It is imperative that everyone learns how to wash hands properly and teach others as well.”

Two school children, Usama and Asadullah were called upon the stage to present speeches to highlight the importance of handwashing with soap. The speeches were followed by a short role play by school children to raise awareness on handwashing with soap. In the short play a young boy eats from a vendor on the street and gets sick. He has pain in the stomach and he goes to the doctor who sees the boy's hands and says that to get better the patient should make a habit of washing hands with soap before eating, after using the toilet and after playing.

The facilitator of the event Mr. Ahmed Dayo then invited Mr. Ghulam Mustafa Zaor, Chief services executive at Hands to share his thoughts on GHD. Mr. Ghulam Mustafa Zaor appreciated the

enthusiasm of students and said that despite hot weather students and school administration are displaying energy for the GHD. Mr. Ghulam Mustafa Zaor said that he wishes that the message of the day about clean hands should go to homes, neighborhoods, communities and all possible places. He emphasized that investments should be made on schools so that there is greater awareness among students regarding causes such as clean hands. Mr. Ghulam Mustafa Zaor added that this should happen at all levels not just at federal and provincial levels.

Afterwards Mr. Muhammad Akbar Raza from RSPN was invited upon the stage by the facilitator to share his thoughts. Mr. Muhammad Akbar Raza addressed his speech to the administration of school, representatives of organizations and in particular the students. He said that students are the future of this country. If the students are healthy then our country's progress and prosperity is ensured. He summed up his speech by referring to the play that school children had presented and said that students should not eat from vendors and wash their hands at critical times i.e. before eating and after using the latrine.

The facilitator then invited Mr. M.R.Kayani from RSPN to address the audience. Mr. Kayani focusing on this year theme "Clean Hands - a Recipe for Health" said that 48% of children in Sindh suffer from stunting which is a very alarming rate. To overcome challenges such as stunting it is imperative that children make it a habit to wash their hands with soap keeping in mind the steps that are presented in the demonstration as this will help reduce the prevalence of diseases especially diarrhea. Mr. Kayani emphasized that children should remember to wash their hands with soap before eating food and after using latrine. This, according to Mr. Kayani would ensure health and prosperity in our society.

The facilitator called upon the stage a group of school students called the Handwashing group to present a demonstration of steps of handwashing in a tableau. The students sitting in the audience applauded the performance and learnt the basic steps of handwashing. Followed by the tableau the facilitator invited Ms. Mubashara Iram from UNICEF, Mr. Kashif Akhtar Deputy Director from Government Education Department and Mr. Muhammad Akbar Raza from RSPN to distribute soaps provided by UNICEF among participants of the tableau.

To appreciate the participation of guests at the event Mr. Hassan Gabol, Coordinator Education presented Ajrak to all the guests as the facilitator announced their names. The facilitator then invited Ms. Mubashara Iram to give vote of thanks and closing remarks. Ms. Mubashara Iram thanked all the guests and students for celebrating the GHD at the school. She urged the students and guests to participate in other initiatives too such as clean and green Pakistan initiated by the Prime Minister, the polio initiative and the national measles campaign. She said, "We have a pledge wall where we will put a hand print after which we will wash our hands with soap." Ms. Mubashara Iram then led the students and guests to the pledge wall where guests and students put their hand prints, followed by which they washed their hands with soap.

Refreshment was served to the students and guests at the end of the event.







## GHD Celebrations by Implementing RSPs:

### GHD Celebrations by SRSO:

#### GHD Celebration in District Larkana

The GHD event in district Larkana was organised at Village Karani in which 6 LSOs participated. The event was attended by **170** participants of which **39 were male, 111 female and 20 children**. The programme started with recitation of verses from the Holy Quran by a participant from the community. Then welcome note was presented by DPO Larkana, Riaz Ahmed Bhijrani. After Welcome Note WASH officer came forward and spoke to the participants about importance of GHD and about the theme of this year's GHD 'Clean Hands – A Recipe for Health'. Afterwards the WASH officer carried out a brain storming activity in which she asked the community about the current situation of WASH in their area. The community highlighted WASH related problems to which solutions were presented by the stakeholders. Followed by the brainstorming activity Dr. Sheeraz Sanghi from the health department spoke to participants about transmission of diseases due to unhygienic practices. The children from village Karani took part in speech competition and presented tableau on the theme of cleanliness and handwashing. LSO/VO members came forward and shared details about PINS in general and WASH activities under PINS nutrition sensitive component in particular. This was followed by closing remarks by Chairman UC Karani and a prize distribution ceremony.





### GHD Celebration in District Kambar Shahdadt

The GHD events in Kambar Shahdadt were celebrated in VOs Jeand Jarwar, Norez Cahndio, Shahul and Dito Chandio in which 5 LSOs participated. The events were attended **by 347, 100, 50 and 80** participants respectively. The event celebrated in Village Jeand Jarwar of district Kambar Shahdadt started with recitation of verses from the holy Quran by a member of the community. The welcome note was given by the WASH officer Mr. Khurram Zameer who thanked participants for attending the event. He also gave a brief overview of PINS and its nutrition sensitive component. Children of BARAK School presented speeches and tableau on the theme of cleanliness and importance of handwashing. This was followed by CNO Ms. Fozia Junejo's practical demonstration of handwashing steps which was later replicated by school children and women from the community. Mr Abdul Kareem Sangrasi, Assistant Commissioner Kambar Shahdadt and chief guest of the event thanked SRSO for organizing a wonderful event and said that he hopes all participants will adopt the hand washing steps and will wash their hands on critical times. The event at Jeand Jarwar was attended by **347 community members, of which 37 were male, 210 were female and 100 were children.**





## Media Coverage

# شھدادڪوٽ ۾ سروسو (پنس) پروگرام تحت هٿن ڌوئڻ واري عالمي ڏهاڙي جي حوالي سان سيمينار منعقد ڪيو ويو

سيمينار منعقد ڪري هٿن کي صاف ڪري ماڻهن کي بيمارين کان بچاءُ بابت ڄاڻ ڏني وئي

ڳوٺ جيئنڊ جروار ۾ هٿن ڌوئڻ بابت رٿيل آگاهي پروگرام ۾ اسسٽنٽ ڪمشنر شھدادڪوٽ عبدالڪريم سنگراسي ۽ ٻين شرڪت ڪئي

صحت جو سڌو مدار صفائي تي آهي، انڪري صفائي جو خاص خيال رکندي پاڻ ۾ هٿن ڌوئڻ جي عادت وجهڻ گهرجي، مقرر

شھدادڪوٽ (ڊر) شھدادڪوٽ ۾ سروسو (پنس) پروگرام تحت هٿن ڌوئڻ واري عالمي ڏهاڙي جي حوالي سان سيمينار منعقد ڪري هٿن کي	صاف ڪري ماڻهن کي بيمارين کان بچاءُ بابت ڄاڻ ڏني وئي، ڳوٺ جيئنڊ جروار ۾ هٿن ڌوئڻ بابت رٿيل آگاهي پروگرام ۾ اسسٽنٽ	ڪمشنر شھدادڪوٽ عبدالڪريم سنگراسي، دويمين ڊويزن جي دسترڪت آفيسر ظاهر ڪوريجو، ڏسو صفحو 3 بتا يا نمبر 57
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شھدادڪوٽل سروسو پاران هٿ ڌوئڻ بابت منعقد ڪيل سيمينار جو ڏيک

## GHD Celebration in District Shikarpur

8 LSOs participated in the GHD event celebrated in Village Dhar UC Sehwan, Taluka Lakhi District Shikarpur. The event started with recitation of verses from the holy Quran by a member of the community. DPO Shikarpur Ms. Parveen Mahar gave a warm welcome to the participants, gave an overview of the history of global handwashing day and spoke about the importance of handwashing. A practical demonstration of handwashing steps was given to the audiences by WASH Officer Ali Raza and CNO Sardar Khatoon. Then a tableau was presented by community volunteers on the importance of handwashing. Afterwards the Chief Guest Mr. Jawad Ali Larik Assistant Commissioner Shikarpur gave the closing remarks. At the end of the event DPO Ms. Parveen Mahar took oath from participants to convey the message of cleanliness and handwashing to every household in the locality. The event was attended by **286** participants including **17 male, 198 female and 71 children**.







The GHD event celebrated in Village Moran Pahore of Union council Garhi Dakho, Taluka Khanpur of District Shikarpur was attended by **125 participants of which 55 were female and 35 were male, whereas 35 were children.** The event started with recitation of verses from the holy Quran by a volunteer from the community. The welcome note was presented by Mrs.Hajani, VO President of village Moran Pahore, The students of class 3 presented a role play on handwashing after which students presented speeches on the topic of handwashing. Chief Guest of the event Mr. Umair Memon Assistant Commissioner Taluka Khanpur spoke to the participants about the importance of handwashing particularly for prevention of water borne diseases. Then a role play was presented by female participants. A quiz competition was also organized for students on cleanliness and handwashing. DPO Shikarpur Ms. Parveen Mahar presented a brief overview of PINS. Afterwards students presented Urdu and Sindhi songs on handwashing. At the end of the event a practical demonstration of handwashing steps was given to the audiences by students from class 4 and 5.





## GHD Celebrations by TRDP:

### GHD Celebration in District Jamshoro

Thardeep Rural Development Program (TRDP) organised GHD event at district hall in Jamshoro. 8 LSOs celebrated GHD at UC level.

#### District Level Event

At the event organized at district hall **15 men and 15 women** participated from the community along with different stakeholders, PINS-3 representatives and **30 school children**. The centralized event was led by the District Manager Mrs Nasreen Khan along with DPO Jamshoro Mr Waryam Baloch, Mr Muhammad Yousif Panhwar and Mrs. Noreen Mangrio. This event aimed to spread awareness about the GHD through a presentation. Afterwards the community participants were led to rally during which a handwashing demonstration was done in front of them. The community participants and school children practiced the ten steps of handwashing. The rally started from the district office Jamshoro and ended at the press club Jamshoro, where Mr Waryam Baloch, Mrs Nasreen Khan, Mr Muhammad Yousif Panhwar, Mrs Noreen Mangrio and participants from the community shared their views on GHD and the rally.

#### UC level event

A GHD event was celebrated in UC Sheikh, LSO Shah Latif, Taluka sehwan, district Jamshoro which was attended by 30 women. In this event the session on handwashing was conducted by CNO Ms Rukhsana who gave practical demonstration of the ten steps of handwashing to the participants. Afterwards participants replicated the demonstration. A soap distribution activity was carried out among the participants and LSO members. Similar activities were carried out in other LSOs in district Jamshoro. In UC Sari and Mol community members participated in a rally carried out in the streets to spread awareness about handwashing in daily routine.

#### Media Coverage

<https://www.facebook.com/278593285835959/posts/719463428415607/>

<https://onlineindus.com/english/THARDEEP-organises-awareness-rally-on-World-Hand-Washing-Day-in-Jamshoro/24881>

<https://onlineindus.com/sindhi/60477>



## هت ڏوڻ جي عالمي ڏهاڙي جي حوالي سان ٽرڊيپ جي سري ۾ ريلي

صفائي اڌ ايمان آهي. ترقي يافتہ ملڪن ۾ صفائي تي خاص ڌيان ڏنو ويندو آهي: مقرر

اسڪول ۾ تقريب ڪرائي شاگردن کي هت ڏوڻ جا طريقا ۽ صفائي جا فائدا پڻ پڙايا ويا

ڪراچي رپورٽر سماجي تنظير ٽريڊ جيڪا | ماڻهن/ ڏسو صفحو 3 بقايا 17



ڪراچي: هت ڏوڻ جي عالمي ڏهاڙي جي حوالي سان نڪتل ريلي جو ڏيک

اربع 17 آڪٽوبر 2018 ع

# هٿ ڌوئڻ جو عالمي ڏينهن، ڄامشورو ۾ جاڳرتا ريلي ڪڍي وئي

نسرین خان، وريار بلوچ، نورین مگريو ۽ ٻين جي اڳواڻي ريلي ڪڍي ڳوٺاڻي عورتن کي آگاهي ڏني وئي

پنس جي سهڪار سان هٿ ڌوئڻ جو عالمي ڏينهن ڳوٺاڻي عورتن سان ملهائڻ ۽ کين آگاهي ڏني: مقرر

ريلي ۾ وڏي پئماني تي سماجي ڪارڪنن ۽ ڳوٺاڻن پڻ شرڪت ڪئي. صفائي بيگار ٺهائڻ جو وڃن ڪيو

ڄامشورو (پ ر) هٿ ڌوئڻ جي عالمي ڏينهن جي سلسلي ۾ ڄامشورو ۾ سماجي تنظيم طرفان جاڳرتا ريلي ڪڍي ڳوٺاڻي عورتن کي هٿ ڌوئڻ بابت ڄاڻ ڏني وئي. سماجي تنظيم ٿرڊي پارٽي هٿ ڌوئڻ جي عالمي ڏينهن جي سلسلي ۾ ٿرڊي جي دسترڪت مئنيجر نسرین خان، دسترڪت پروجيڪٽ آفيسر وريار بلوچ، دسترڪت پروجيڪٽ آفيسر نورین مگريو، وائس آفيسر محمد يوسف سمير تهاڙ، نياز بڻيادي ۽ ياسمين پنهور جي اڳواڻي ۾ ٿرڊي آفيس کان ريلي ڪڍي وئي. جنهن ۾ وڏي انگ ۾ ڳوٺاڻين عورتن توڙي مختلف اسڪولن جي شاگردن ۽ شاگردياڻين پڻ شرڪت ڪئي. ريلي مختلف هنڌن تان ٿيندي دسترڪت پريس ڪلب ڄامشورو پهتي. ان موقعي تي سماجي تنظيم جي اڳواڻن ڳوٺاڻي عورتن کي هٿ صاف ڪرڻ بابت ڄاڻ پڻ ڏني. ان موقعي تي ريلي ۾ شامل سماجي تنظيم جي اڳواڻن صحافين سان ڳالهائيندي چيو ته هٿ ڌوئڻ جو عالمي ڏينهن هر سال 15 آڪٽوبر تي ملهائڻ ويندو آهي. ان سلسلي ۾ پنس جي سهڪار سان ٿرڊي پارٽي اڄ اهو ڏهاڙو ڳوٺاڻي عورتن سان ملهائڻو آهي. هٿ ڌوئڻ کانپوءِ ٿرٽ ڪيڙي سان صاف ڪرڻ پڻ بيماريءَ جو ڪارڻ بڻجي ٿو اسان کي گهرجي ته هٿ ڌوئڻ کانپوءِ ڪنهن به توڙي يا ڪپڙي سان تڪڙو صاف نه ڪريون. سماجي تنظيم پارٽي ڄامشورو ۾ ريلي ۾ شامل ماڻهن صفائي بابت ڄاڻ ٺهائڻ جو وڃن ڪيو

سخت زخمي ٿي پيا، جن کي اسپتال پهچايو پئي ويو ته هنن رستي ۾ ئي دم ڏئي ڇڏيو. مارچي ويلن جي سڃاڻپ شهزاد عباسي، اشوڪ ڪمار ۽ اسد ميراڻي طور ٿي آهي. اختيارن مطابق اشوڪ ڪمار اغوا ۽ گاڏيون ڦرڪڻ وارن 12 ڪيسن ۾ گهريل هيو جڏهن ته شهزاد عباسي مٿان 33 ڪيس داخل ٿيل آهن. اختيارن وڌيڪ ٻڌايو ته جوابدارن جو گاڏيون ڦرڪڻ جو پنهنجو گروھ هيو جن وقتان هٿيار ۽ گاڏي به هٿ ڪئي آهي. اختيارن مطابق جوابدار سنڌ جي راجڌاني واري شهر ڪراچي مان گاڏيون ڦرڪري صوبي جي ٻين علائقن توڙي بلوچستان ڏانهن اسمگل ڪندا هئا.

**بقايا**  
23  
ويندي ترين جي افتتاح جي موقعي تي ميڊيا سان ڳالهائيندي ريلوي واري وزير شيخ رشيد احمد

پنهنجي وڃي ٿي احتساب جي عمل تي ڪابه سوڊيڙي نه ٿيندي. ننڍي چوڻي ۾ تحريڪ انصاف نئون مثال قائم ڪيو ڪنهن وزير تڪ جو دورو تاهي ڪيو اسان جي خلاف سموريون جماعتون گڏ ٿي ويون پر ڪوئي به مقابلو نه ڪري سگهيو. پاڪستان کي سعودي عرب، يو اي ايم، چين ۽ ٻين ملڪن جي حمايت حاصل آهي وزيراعظم عمران خان سمورن معاملن تي جلد فور ڪي اعتماد ۾ وٺندو سپریم ڪورٽ جي فيصلن تي عمل ڪنداسين آڱاري تي پريس انٽارميشن ڊپارٽمينٽ ۾ پريس ڪانفرنس کي خطاب ڪندي چوڌري قواد چيوت گذريل حڪومت جا ڪارناما عوام جي اڳيان رکي ڇڏيا آهن صارفين به هن وقت بجلي 11 رپيا 71 پئسا تي پورٽ فراهم ڪئي پئي وڃي گذريل حڪومت دعويٰ ڪندي رهي ته ان بجلي جا سٺا يونٽ لڳايا آهن چوڌري قواد حسين چيو ته





## GHD Celebration in District Dadu

Thardeep Rural Development Program organised GHD event at Dadu Gymkhana, whereas 13 LSOs celebrated GHD at UC level.

### District Level Event

In the district level event held at Dadu Gymkhana 50 participants including deputy directors from AAP agriculture extension department, Livestock, Social Welfare and Public Health and Engineering Department participated. From civil society, district managers of Poverty Reduction Initiatives, organisations working on social issues attended the event. In addition 10 reporters from electronic and print media participated.

Speakers at the GHD event at District level, said that to eradicate diseases caused by poor health and hygiene conditions, it is necessary to promote and practice handwashing. Ms. Shaista Mallah, CNO Dadu presented demo on handwashing and participants replicated the steps presented in the

demonstration. Afterwards DPO Dadu Mr. Gulsher Panhwer gave a brief overview of the objectives of PINS particularly the nutrition sensitive component.

Ms. Uzma Panhwer, agriculture officer stated that PINS program besides focusing on agriculture and food security through field Farmer Schools approach, kitchen gardening at Village and HHs level, promotion and improvement of livestock, poultry and Fish production is also working to improve health, hygiene and access to safe drinking water under its WASH component. The government representatives participating in the event also addressed the audience. A walk was also organized at the district level in which all the participants carrying banner of GHD participated.

### **UC level events**

13 LSOs celebrated the GHD event in district Dadu. The activities included practical demonstration on ten steps of handwashing and carrying out a walk holding GHD banners and placards. In leading the LSO events CNOs were supported by engineers and WASH Officers. The schools in different localities also participated in GHD celebrations. For instance, a Sindh Education Foundation supported School in Murtaza Mastoi celebrated the day in UC Tore, LSO Gaaj with 18 students.







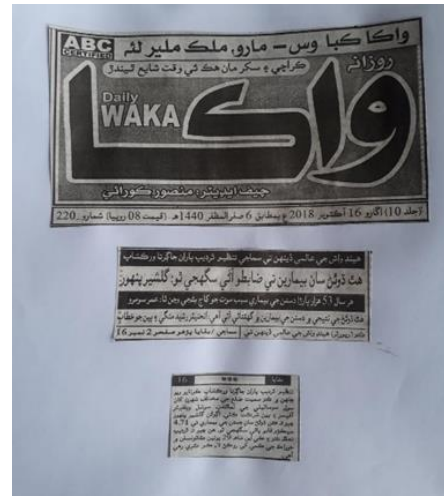
# Photos



## Media Coverage

<https://web.facebook.com/groups/214064762720848/>

<https://web.facebook.com/gulsher.panhwer/videos/pcb.317535735707083/10216683912071072/?type=3&theater&ifg=1/>



## TRDP observes Global Hand Washing Day in Dadu

By Ali Asghar Laghari

DADU: Speakers at the Global Hand Washing Day in Dadu, said that to eradicate diseases caused by poor health and hygiene conditions, it is necessary to promote and practice of hand washing at HH, communities and schools level.

The event was organized by Thardeep Rural Development Program Dadu in collaboration with the EU at a local hotel. Each year in Pakistan 153,000 under five children die due to diarrhea caused by unhygienic conditions and better hygienic conditions including hand washing with soap at critical times can drastically reduce the diarrhea and other such diseases caused by unhygienic conditions.

Shaista Mallah, the Community Nutrition Officer Dadu presented demo on hand washing and participants followed 10 steps of the demo. Ali Nawaz Kalhoro, Deputy Director Agriculture extension Dadu, thanked and appreciated Thardeep Rural Development Program (TRDP) for observing the Global Hand Washing Day and said that he and his department is fully co-operating with PINS team and this cooperation will continue to fight malnutrition in Dadu Dis-

trict. Muhammad Umer Soomro WASH Officer of the PINS program said that Global Hand Washing Day is observed annually on 15th of October. First event celebration commemorated in August 2008 by the Global Hand Washing Partnership (GHP) at the annual World Water Week in Stockholm, Sweden.

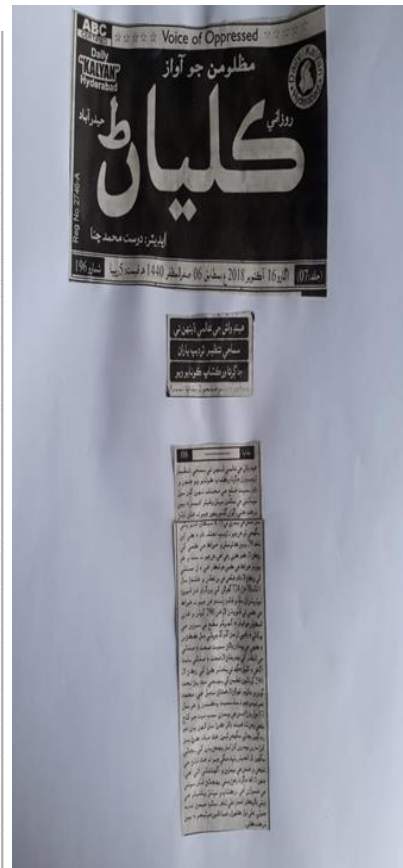
This year's Global Hand washing Day theme is "Clean Hands: A recipe for health". Gulsher Panhwer, District Project Officer, (PINS) said that the program aims to sustainably improve the nutritional status of children under five and of pregnant and lactating women in Sindh corresponding to the second target indicator of the Sustainable Development Goal (SDG) No 2. He further said that Thardeep Rural Development Program (TRDP) is implementing PINS program in 29 union Councils of taluka Johi and KN Shah of District Dadu and under this project 17624 households will benefit in the first year of project and overall beneficiaries will be 58,746 households throughout the project life.

He further elaborated that merely availability of balanced diet is not enough but we also need better health and hygienic

conditions to fight the immaturity of malnutrition because without better health and hygienic conditions, consumption of nutrition food would be wasted, particularly among children in shape of diarrhea. He said that this event is also celebrated in 14 Union Councils of taluka Johi and KN Shah Feroz Memon, Regional Manager, Poverty Eradication Initiative stressed the need of building sinks and tippy taps and demonstrate the simplicity and value of clean hands.

When hand washing with soap is practiced regularly at critical times, such as after using the toilet or before contact with food, it can dramatically reduce the risk of diarrhea and pneumonia, which can cause serious illness and death. Hand washing with soap also helps prevent the spread of other infections, including influenza and Ebola. Ms Humera of women rights activist said that there is need to sensitize communities at HH level in rural area to motivate people there to adopt and practice hand washing and keep their body, homes and villages clean.

On the occasion, Abdualah Jamali of Livestock Department, Sajjad Soomro and others also addressed.



## GHD Celebrations by NRSP:

### GHD Celebration in District Thatta

NRSP organised the GHD celebration at district level in Thatta in which 6 LSOs participated (Buhara, Sukhpur, Gharo, Mirpursakro, Garho and Dabeji). The event was attended by **315** participants.

The event started with recitation of verses from the Holy Quran by a member of the community. Mr. Mir Muhammad Baloch Project Manager at Scale Thatta welcomed all the participants and representatives from the government departments and spoke about the importance of the GHD. Songs, tableau were performed by the community members and children to highlight the importance of the GHD. A painting competition was organized among students for increasing the knowledge about the importance of the GHD. The guests from different government departments (Social welfare, local government, education & health departments), LSO representatives, NRSP representatives also delivered speeches on the importance of the GHD. DPO Thatta, Mr. Ghulam Murtaza Lashari gave a brief overview of PINS particularly highlighting the nutrition sensitive component. At the end of the event awards were distributed by the chief guests among the participants for their participation in the event.







## GHD Celebration in District Sujawal

Local Support Organization (LSO) of UC Jhok Shareef hosted the GHD program with support of National Rural Support Programme (NRSP) in village Mahi Dal of Taluka Mir Pur Bathoro. Government Officials from various departments of district including Health, Education, Local Government, Livestock and Agriculture participated. Taluka & District level staff and Project Manager of PINS also participated. Majority of participation was from community representatives, volunteers, activists and office bearers of 06 Local Support Organizations (LSOs) of Taluka Mirpur Bathoro including LSO Jhok Shareef, LSO Shah Muhammad Shah, LSO Meher Shah, LSO Samaro, LSO Darya Khan Soho & LSO Ali Akbar Shah. There were **127** participants in total including women, men and school children who attended the event. The event started with recitation of verses from the Holy Quran by a member of the community. Mr. Nazar Joyo, Programme Manager PINS welcomed the guests, presented a brief overview of PINS and spoke about the importance of the GHD. Afterwards General Secretary of LSO Jhok Shareef Ms. Uroosa gave a speech. Other LSO representatives also came forward and shared their thoughts on the GHD. The next speech was delivered by Aaqib Ali a student of class 3 who highlighted the issues of water and sanitation faced by his school. He appealed to the government representatives to arrange for drinking water, latrine and hand washing facilities at his school. Some notable personalities who spoke at the event included Mr. Dr. Hussain Bux Umrani, District Health Officer (DHO) Sujawal and Taluka education officer Mr. Ali Muhammad Gurmani who appreciated the participation of students at the event and assured the solution of problems raised in the programme related to Handwashing facilities in schools. Afterwards a group of students presented a role play on the theme of handwashing and hygiene. Other activities included presentation of a Sindhi song related to handwashing practices and habits. An important part of the programme was the practical

demonstration of ten steps of handwashing that was given by children. At the end of the event the chief guests distributed gifts among children who participated in different activities and also among women representatives of the participating LSOs.



Government of Sindh (GoS) through the Planning and Development Department (PDD) is implementing a six-year multi-sectoral Sindh Accelerated Action Plan for Reduction of Stunting and Malnutrition (AAP), with the objective of reducing stunting rate from the existing 48 percent to 40 percent by 2021.

The European Union (EU), under the EU Commission Action Plan on Nutrition 2014, is supporting GoS in addressing the issue of malnutrition. The EU has approved the Programme for Improved Nutrition in Sindh (PINS) to be implemented in ten districts of Sindh which include Shikarpur, Thatta, Kambar Shahdadkot, Larkana, Dadu, Jamshoro, Matiari, Sajawal, Tando Allahyar and Tando Muhammad Khan.

RSPN is leading the PINS Expected Results (ER) 3 component with four partners: Action Against Hunger, National Rural Support Programme (NRSP), Sindh Rural Support Organisation (SRSO) and Thardeep Rural Development Programme (TRDP). This component includes nutrition sensitive interventions i.e. Water Sanitation and Hygiene (WASH) and Agriculture & Food Security (AFS).



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